

Dr Mutsumi Karasaki, Senior Consultant

Overview of Expertise

Mutsumi is an experienced anthropologist/sociologist, who is passionate about building an inclusive and caring society through collaboration and co-design. Having completed a PhD in Public Health, Mutsumi has spent the last 10 years involved in projects both nationally and internationally in wide ranging areas including lived experience of chronic conditions and disability, mental health and wellbeing, spousal care, social contexts of alcohol and other drugs use, and early childhood care. Along with his extensive research experience, he brings skills in design thinking, participatory design and ethnographic research methods and analysis.

Qualifications & Training

Academic qualifications

- 2015 Doctor of Philosophy (Public Health), Monash University
- 2005 Graduate Diploma of Education (Secondary), Monash University
- 2004 Bachelor of Arts (Honours, First Class), Monash University

Additional training and professional development

- 2019 Masterclass in Co-Design, SDNOW and Service Design Melbourne
- 2011 Mental Health First Aid, Orygen Youth Health Research Centre
- 2005 Applied Suicide Intervention Skills Training (ASIST), LivingWorks

Project Experience

Monitoring, evaluation and learning

Project manager for developing the monitoring, evaluation and learning framework for the Disability Worker Regulation Scheme (2021)

Team member for developing the monitoring, evaluation and learning framework for SpeakUP, a project by LifeStart to build capabilities of students with disability and their families to increase their participation at school (2021)

Team member for developing and implementing the monitoring, evaluation and learning framework for the Front Project, which is a national organisation working to create transformational change in the early childhood sector (2021).

Team member of the evaluation team who the monitoring and evaluation partners for “Our Town”, which is an ambitious 12-year initiative involving 6 South Australian rural towns in co-designing and implementing community-led mental health initiative (2020-2021).

Participatory Design

Team member of a co-design project for North Western Melbourne Primary Health Network to inform Alcohol and Other Drugs commissioning activity (2021).

Senior research fellow leading a participatory design project entitled *Co-designing ECEI*, to co-design practice frameworks for the National Disability Insurance Scheme Early Childhood Intervention program (2018-2020)

Other Research Projects

Postdoctoral researcher co-leading the *Growing up in Amsterdam: eating, sleeping and body movements in households with young children* project, in which he developed a conceptualisation of early parenting competence to be used by health care professionals (2016-2017)

Conducting data analysis on the *Workforce challenges under cash-for-care models: Regulating for quality jobs in the NDIS* project (2018)

PhD research project entitled *Fractured lives: partnering younger people with stroke*, which was an ethnographic study about experiences of the spouses of individuals who had a stroke at a relatively young age (2011-2015)

Project management and conducting data collection and analysis on the *MIGHTY: Improving GP management of Youth Mental Health* project, which explored how young people (aged 16-21) use GPs and Emergency Departments for their mental health (2015)

Conducting data collection with young people (18-25 years old) who use drugs, on the *Understanding and Reducing Alcohol-Related Harm Among Young Adults in Urban Settings* project (2014)

Conducting data analysis and preparing a manuscript for publication on the *Analysing Addiction Concepts for Improved Public Health Outcomes in Australia* project (2011)

Positions held

2018-2020	Senior Research Fellow, Research and Policy Centre, Brotherhood of St Laurence
2018	Research Assistant, RMIT
2015-2017	Postdoctoral Researcher, University of Amsterdam
2010-2015	Research Assistant, Monash University
2011	Research Assistant, Curtin University/University of Melbourne
2007-2010	Education Policy Officer, Deaf Children Australia
2006-2007	Classroom Teacher, Narre Warren South P-12 College
2002-2005	Member of Online Care Team, DepressioNet

Academic Publications

Veltkamp, G., **Karasaki, M.**, and Bröer, C. (2020). Family health competence: attachment, detachment and health practices in the early years of parenthood. *Social Science & Medicine*. 266(Dec).

Karasaki, M., Warren, N., and Manderson, L. (2017). Orchestrating home: experiences of spousal stroke care. *Medicine Anthropology Theory*. 4(1), 79–104.

Karasaki, M., Fraser, S., Moore, D. and Dietze, P. (2013) The place of volition in addiction: Differing approaches and their implications for policy and service provision. *Drug and Alcohol Review*. 32(2), 195-204.

Selected Conference Presentations

Karasaki, M. Ozge, J., Peters, D., Allan, M. (2019) Transforming research: Embedding lived experiences in applied research. *Anglicare Australia National Conference, Our Stories: The Power to Change*, 8–11 September 2019, Perth.

Karasaki, M., Moerman, G., Bröer C. and Veltkamp, G. (2017). Technologies of being-in-time: situating early childhood health care practices in time. *13th Conference of the European Sociological Association*, 29 August – 1 September 2017 Athens, Greece.

Karasaki, M (2016). Stuck in the Blind Spot: Experiences of Spousal Stroke Care. (2016). *The Society for Applied Anthropology Annual Meeting*, 29 March 29 – 2 April, 2016, Vancouver, Canada.

Other publications

Karasaki, M. and Oonk, Joop (2017). Making inclusive art work. In S., Mitter and L., Reuter (Eds), *Innovation Diversity – New Approaches of Cultural Encounter in Europe* (pp. 106-109). Cologne, Germany: Un-label