

Dr Mutsumi Karasaki, Consultant

Overview of Expertise

Mutsumi is an experienced anthropologist/sociologist, who is passionate about building an inclusive and caring society through collaboration and co-design. Having completed a PhD in Public Health, Mutsumi has spent the last 10 years involved in projects both nationally and internationally in wide ranging areas including mental health and wellbeing, informal and early childhood care, lived experience of chronic conditions and disability, and alcohol and other drugs. Along with his extensive research experience, he brings skills in design thinking, participatory design and ethnographic research methods and analysis.

Qualifications & Training

Academic qualifications

- 2015 Doctor of Philosophy (Public Health), Monash University
- 2005 Graduate Diploma of Education (Secondary), Monash University
- 2004 Bachelor of Arts (Honours, First Class), Monash University

Additional training and professional development

- 2019 Masterclass in Co-Design, SDNOW and Service Design Melbourne
- 2011 Mental Health First Aid, Orygen Youth Health Research Centre
- 2005 Applied Suicide Intervention Skills Training (ASIST), LivingWorks

Project Experience

Participatory Design

Senior research fellow leading a participatory design project entitled *Co-designing ECEI*, to co-design practice frameworks for the National Disability Insurance Scheme Early Childhood Intervention program (2018-2020)

Other Research Projects

Postdoctoral researcher for the *Growing up in Amsterdam: eating, sleeping and body movements in households with young children* project, in which he developed a conceptualisation of early parenting competence to be used by health care professionals (2017)

PhD research project entitled *Fractured lives: partnering younger people with stroke*, which was an ethnographic study about experiences of the spouses of individuals who had a stroke at a relatively young age (2011-2015)

Research Assistant on the *MIGHTY: Improving GP management of Youth Mental Health* project (2015)

Research Assistant on the *Understanding and Reducing Alcohol-Related Harm Among Young Adults in Urban Settings* project (2011)

Research Assistant on the *Analysing Addiction Concepts for Improved Public Health Outcomes in Australia* project (2014)

Positions held

2018-2020	Senior Research Fellow, Research and Policy Centre, Brotherhood of St Laurence
2015-2017	Postdoctoral Researcher, University of Amsterdam
2010-2015	Research Assistant, Monash University
2011	Research Assistant, Curtin University/University of Melbourne
2007-2010	Education Policy Officer, Deaf Children Australia
2006-2007	Classroom Teacher, Narre Warren South P-12 College
2002-2005	Member of Online Care Team, DepressioNet

Academic Publications

Veltkamp, G., **Karasaki, M.**, and Bröer, C. (2020). Family health competence: attachment, detachment and health practices in the early years of parenthood. *Social Science & Medicine*. 266(Dec).

Karasaki, M., Warren, N., and Manderson, L. (2017). Orchestrating home: experiences of spousal stroke care. *Medicine Anthropology Theory*. 4(1), 79–104.

Karasaki, M., Fraser, S., Moore, D. and Dietze, P., (2013) The place of volition in addiction: Differing approaches and their implications for policy and service provision. *Drug and Alcohol Review*. 32(2), 195-204.

Other publication

Karasaki, M. and Oonk, Joop (2017). Making inclusive art work. In S., Mitter and L., Reuter (Eds), *Innovation Diversity – New Approaches of Cultural Encounter in Europe* (pp. 106-109). Cologne, Germany: Un-label.